

**REGISTRATION FORM**

**CONTACT INFORMATION**

EXPECTING MOTHER’S NAME:

PHONE AND EMAIL CONTACT:

 SUPPORT PARTNER’S NAME:

PHONE AND EMAIL CONTACT:

MONTH STARTING:

 **PLEASE INDICATE IF PUSH RETREAT (DATE) OR PUSH PEAKTIME COUSE**

**PREGNANCY INFORMATION**

TRIMESTER PERIOD: 26 -28 WEEKS 29-31WEEKS 32-34WEEKS

EXPECTED DUE DATE:

NO. OF CHILDREN :

ANY COMPLICATIONS IN THIS PREGNANCY? YES NO

IF YES, PLEASE STATE COMPLICATION:

**MEDICAL INFORMATION**

PAST MEDICAL HISTORY: DIABETES HYPERTENSION DEEP VEIN THROMBOSIS SICKLE CELL DZ

IF OTHER, PLEASE STATE:

WHAT FORM OF EXERCISE WERE YOU INVOLVED IN BEFORE PREGNANCY? PLEASE SELECT:

 WALKING/JOGGING WEIGHT TRAINING YOGA/PILATES NONE

WHAT FORM OF EXERCISE ARE YOU INVOLVED IN DURING PREGNANCY?

 WALKING/JOGGING WEIGHT TRAINING YOGA/PILATES NONE

**GENERAL INFORMATION**

HOW DID YOU HEAR ABOUT PUSH LAMAZE STUDIO?

 OBGYN FAMILY DOCTOR FRIEND/RELATIVE FACEBOOK MAGAZINE/ NEWSPAPER

DO YOU GIVE CONSENT FOR PICTURES AND VIDEOS TO BE POSTED ON SOCIAL MEDIA?

PHYSICIAN’S NAME:

PHYSICIAN’S LOCATION

WHICH HOSPITAL ARE YOU GOING TO DELIVER AT:

PLEASE NOTE THAT THE DEPOSIT OF $750.00 IS NON REFUNDABLE. IF PROOF OF DELIVERY HAS BEEN SHOWN BEFORE CLASS DATE THE REGISTRATION FEE OF $300.00 WILL BE RETAINED AND THE BALANCE REFUNDED. PLEASE SEE PUSH INFO SHEET BELOW FOR PAYMENT AND OTHER DETAILS.

**Hi ladies thank you for choosing PUSH Lamaze Studio.**

 STEPS FOR COMPLETE REGISTRATION:

1. Complete registration form above (Please indicate which course)
2. Email registration for to pushlamazestudio@gmail.com
3. Make deposit of $750.00 to hold your spot in the next available class. This can be done as a quick deposit, online transfer or payment at the office (No linx or creditcard payment available).

**FIRST CITIZENS BANK
CHEQUING ACCT # 2345854**

**PUSH LAMAZE STUDIO BY DR.G**

1. Please email a copy of your receipt to pushlamazestudio@gmail.com or send a picture via WHATSAPP to 759-5002 (DR. G)
2. Send me a message via WHATSAPP so I can add you to the PUSH SUPPORT GROUP so you can get acquainted with the other ladies before class starts.
3. **Payment balance is required on the first day of class**. You may arrange to pick up your registration package before hand at the office or on the first day of class. Please let me know the size of jersey for both you and your partner beforehand so I can have it ready. Women should wear black tights and partners comfy pants...preferably black but if no black it is ok.

**REGISTRATION PACKAGE includes**:

 TSHIRT/VEST for soon to be mom

T SHIRT for partner

Certificate at end of course

1. REGISTRATION COMPLETE!!!

We are going to have a lot of fun and learn a lot. Please feel free to  ask anything you wish during the sessions. I encourage everyone to be very open.

 Looking forward to meeting you and your partner!

Your Childbirth Coach,

Dr. G